

THE ENLIGHTENED COLLEGE OF PHYSICAL EDUCATION, JHUNIR (MANSA)		
TIME-TABLE (MORNING ACTIVITY) TERM-I		
SESSION AUGUST TO DECEMBER (2022-2023) DATE:		
Time	6:00 AM-7:00 AM	7:00 AM-8:00 AM
M.P.ED 3rd sem	CONDITIONING	HIGH JUMP (Dr. S.D)
M.P.ED 1st sem	CONDITIONING	SPRINTS (Mr.L.S)
B.P.ED 3rd sem	CONDITIONING	JAVELIN THROW (Mr. G.S)
B.P.ED 1st sem	CONDITIONING	LONG JUMP (Ms. S.K )
B.P.E.S 5th sem	CONDITIONING	LONG DISTANCE (Mr K.S )
B.P.E.S 3rd sem	CONDITIONING	MIDDLE DISTANCE (Mr. M.S)
B.P.E.S 1st sem	CONDITIONING	SPRINTS (Mr. B.S )

DR.S.D = DR.SUNEETA DEVI, MR.K.S = KULWINDER SINGH,MR.L.S = LAKHVEER SINGH ,MR.B.S = BANTOO SINGH, Ms.S.K = SANDEEP KAUR, MR.M. S = MANIDER SINGH ,MR.G.S = GURBHEJ SINGH

*Kulwinder Singh*

*[Signature]* Principal  
The Enlightened College of  
Physical Education,  
Jhunir-Mansa (Pb.)